

SPIRITUAL FORMATION THROUGH

WORSHIP

Kenny Innes

19 April 2026



Spiritual Formation

Which 'spirit' do we foreground?



Spiritual Formation

True spiritual formation is an
experience of grace



Spiritual Formation

1 Cor 3:16 Do you not know that you are God's temple and that God's Spirit dwells in you?



Spiritual Formation

Romans 8:29 For those whom he foreknew he also predestined to be *conformed to the image of his Son...*

Romans 12:5 so we, who are many, are *one body in Christ*, and individually we are members one of another.

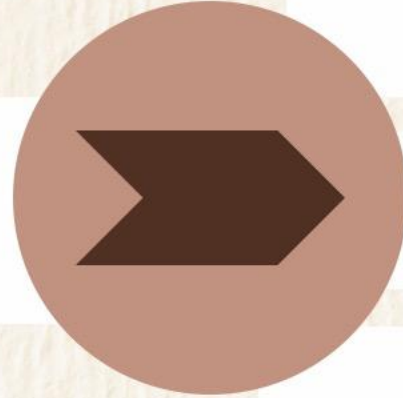


Spiritual Formation

“The disciplines for life in the Spirit are all bodily behaviours. Learning Christlikeness is not passive. It is active engagement with and in God. And we act with our bodies.”

– Dallas Willard

ruach



spirit

breath

wind

formed by [singing] the truth

Genesis

Chapter 1

A poetic narrative

Chapter 2

The song of *ish to isha*

Gen 2.23 *"This at last is bone of my bones
and flesh of my flesh;
this one shall be called Woman,
for out of Man this one was taken."*

THE SONGS OF GOD'S PEOPLE

1. The Exodus
2. Hannah's Song
3. Mary's *Magnificat*
4. The Psalms
5. Lamentations
6. Zephaniah
7. Paul and Silas
8. Philippians

1 CORINTHIANS 14:26

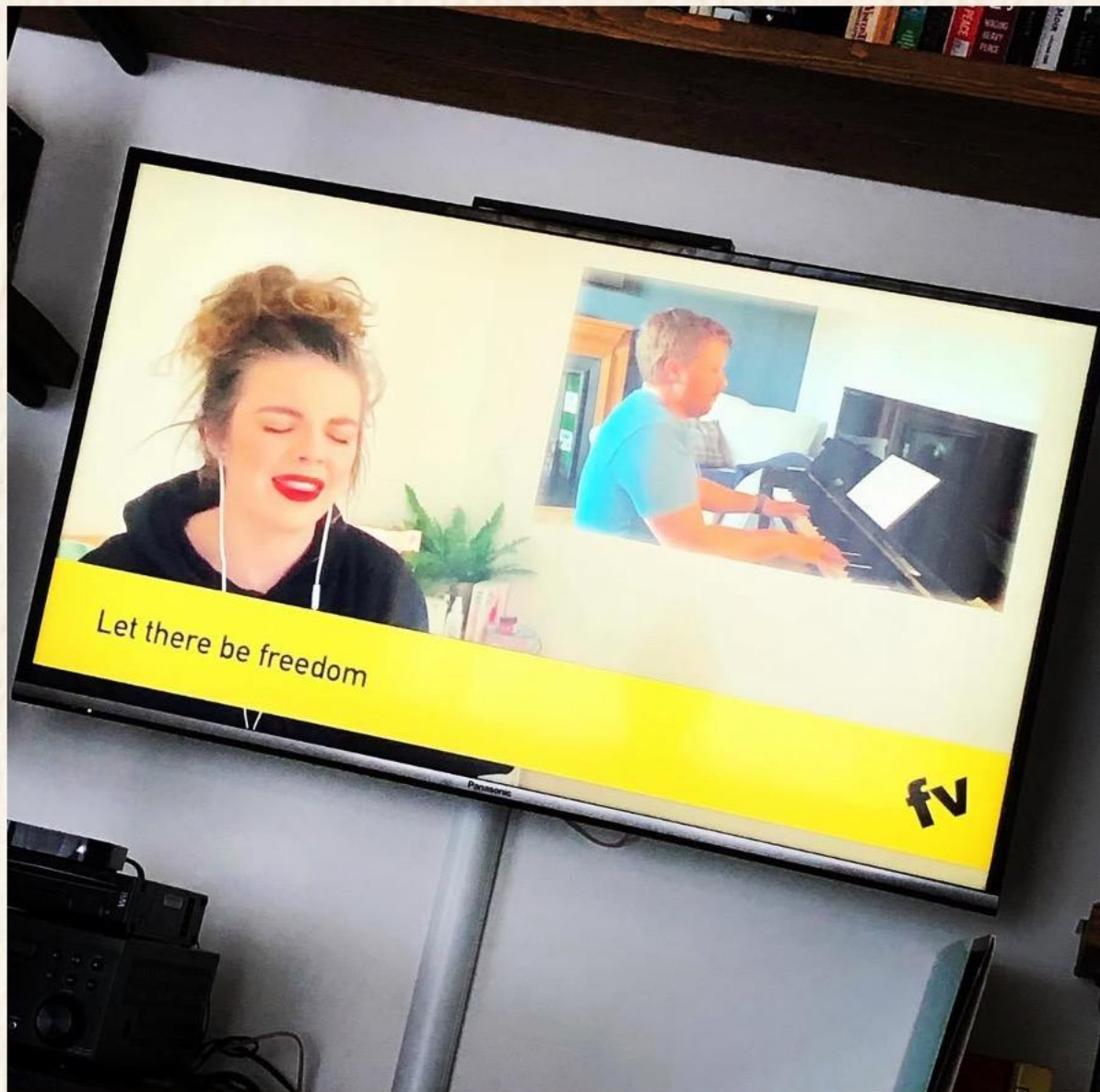
What then shall we say, brothers and sisters?
When you come together, each of you has a hymn,
or a word of instruction, a revelation, a tongue or
an interpretation. Everything must be done so that
the church may be built up.

COLOSSIANS 3:12-16

Therefore, as God's chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, meekness, and patience. Bear with one another and, if anyone has a complaint against another, forgive each other; just as the Lord has forgiven you, so you also must forgive. Above all, clothe yourselves with love, which binds everything together in perfect harmony. And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. *Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God.*

EPHESIANS 5:18 - 21

...be filled with the Spirit, *as you sing psalms and hymns and spiritual songs to one another*, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ, being subject to one another out of reverence for Christ.



Let there be freedom

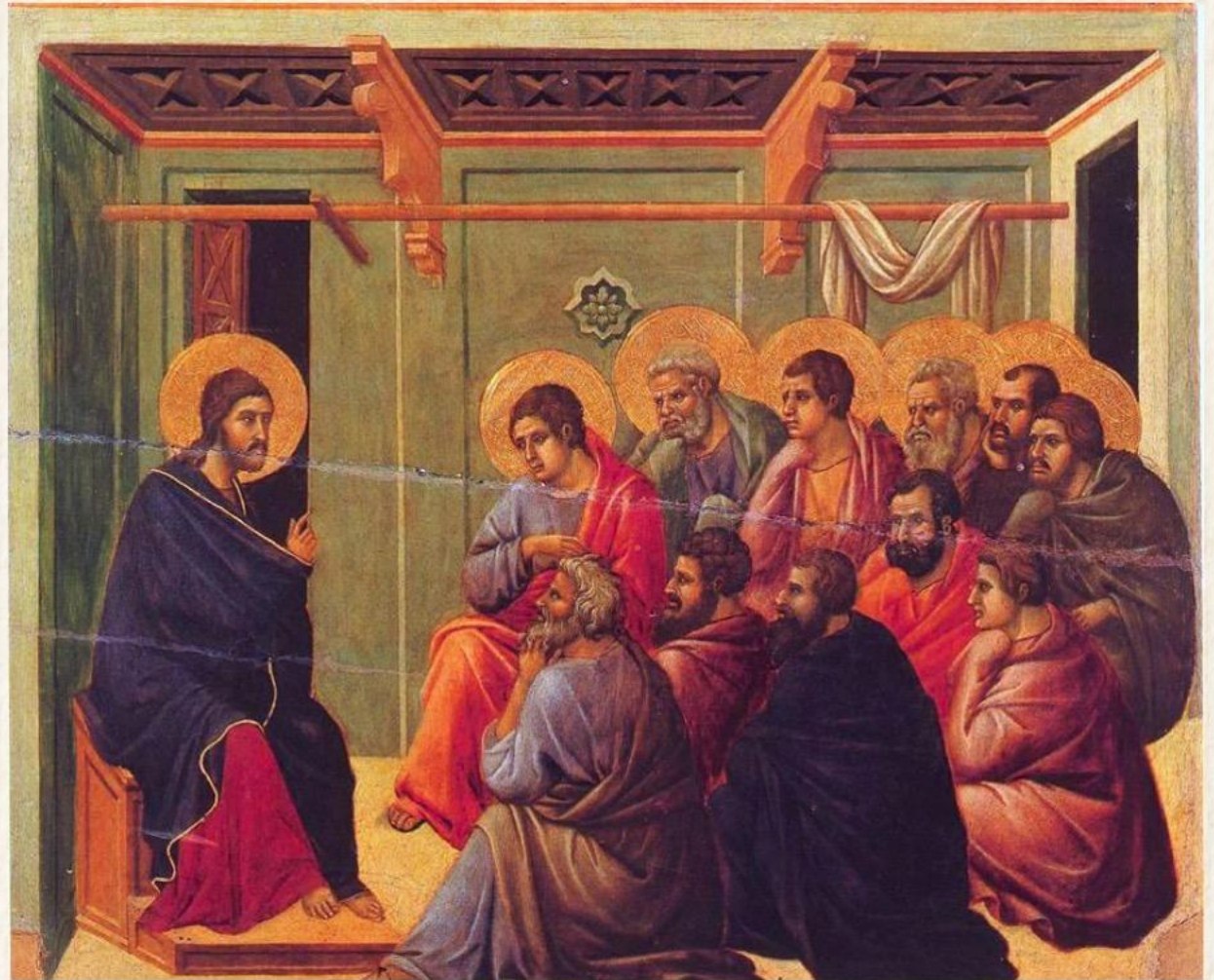
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sing psalms and hymns and spiritual songs to one another...





The community of Jesus



MATTHEW 26:30

When they had sung *the hymn*,
they went out to the Mount of Olives.

MATTHEW 26:30

When they had sung *the hymn*,
they went out to the Mount of Olives.

PSALM 118

‘with the Lord on my side, what can mortals do to me?’ (v6)

‘The LORD has chastened me severely,
but did not give me over to death’ (v18)

‘the stone the builders rejected has become the cornerstone’ (v22)

‘this is the day the Lord has made – let us rejoice and be glad in it’
(v24)

MATTHEW 27:46

And about three o'clock Jesus cried with a loud voice, "*Eli, Eli, lema sabachthani?*" that is, "My God, my God, why have you forsaken me?"

PSALM 22:1

My God, my God, why have you forsaken me?



HEBREWS 2:10-12

It was fitting that God, for whom and through whom all things exist, in bringing many children to glory, should make the pioneer of their salvation perfect through sufferings. For the one who sanctifies and those who are sanctified all have one Father. For this reason Jesus is not ashamed to call them brothers and sisters, saying, “I will proclaim your name to my brothers and sisters; in the midst of the congregation I will praise you.”

ROMANS 15:7-11

Welcome one another, therefore, just as Christ has welcomed you, for the glory of God. For I tell you that Christ has become a servant of the circumcised on behalf of the truth of God in order that he might confirm the promises given to the ancestors and that the gentiles might glorify God for his mercy. As it is written,

“Therefore I will confess you among the gentiles and sing praises to your name”; and again he says, “Rejoice, O gentiles, with his people”; and again, “Praise the Lord, all you gentiles, and let all the peoples praise him”

Jesus leads his
people in worship

PHILIPPIANS 2:9

Therefore God exalted him even more highly and gave him the name that is above every other name, so that at the name given to Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

REVELATION 15:3

And they sing **the song of Moses**, the servant of God,
and **the song of the Lamb**:

“Great and amazing are your deeds,
Lord God the Almighty!
Just and true are your ways,
King of the nations!

1 JOHN 3:2

Beloved, we are God's children now; what we will be has not yet been revealed. What we do know is this: when he is revealed, we will be like him, for we will see him as he is.

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